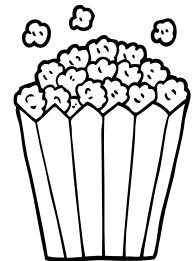
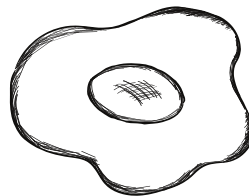
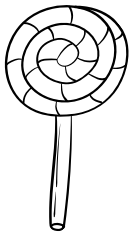
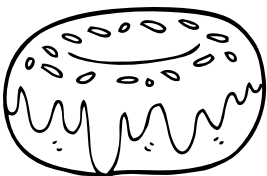
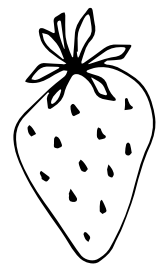
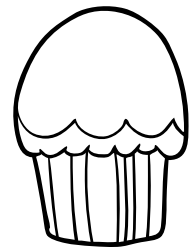
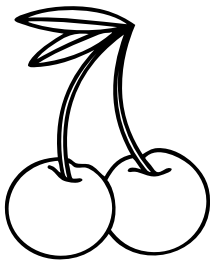
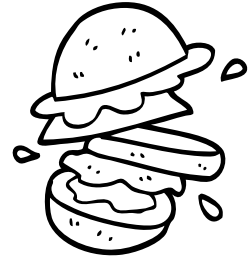
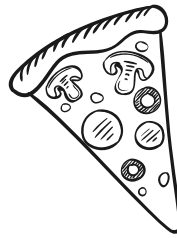
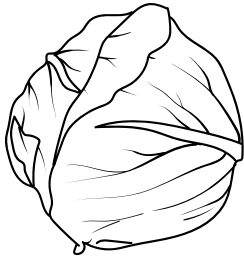
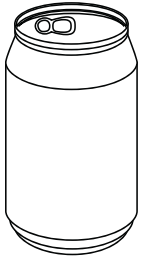


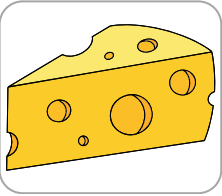
HEALTHY AND UNHEALTHY FOOD

Color the healthy food and cross out the unhealthy.

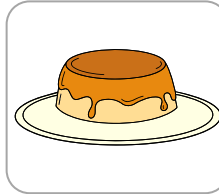


HEALTHY AND UNHEALTHY FOOD

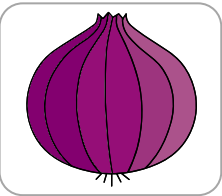
Identify each food item and mark the correct option.



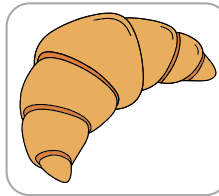
- Healthy
- Unhealthy



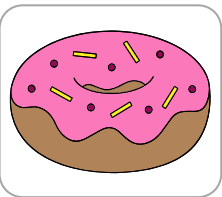
- Healthy
- Unhealthy



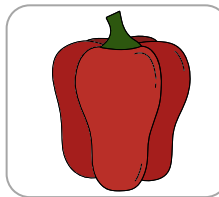
- Healthy
- Unhealthy



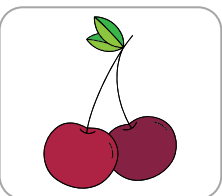
- Healthy
- Unhealthy



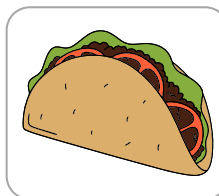
- Healthy
- Unhealthy



- Healthy
- Unhealthy



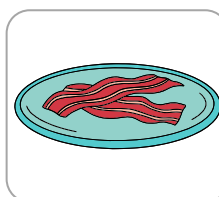
- Healthy
- Unhealthy



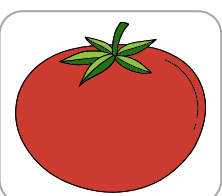
- Healthy
- Unhealthy



- Healthy
- Unhealthy



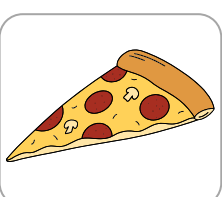
- Healthy
- Unhealthy



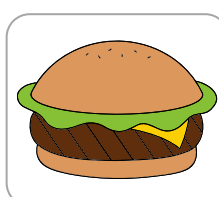
- Healthy
- Unhealthy



- Healthy
- Unhealthy



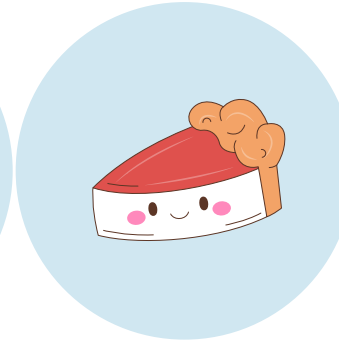
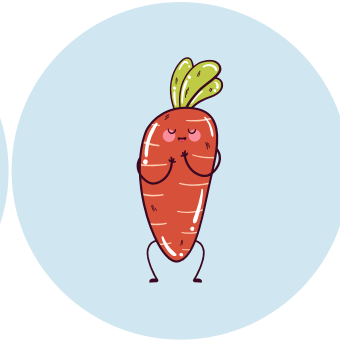
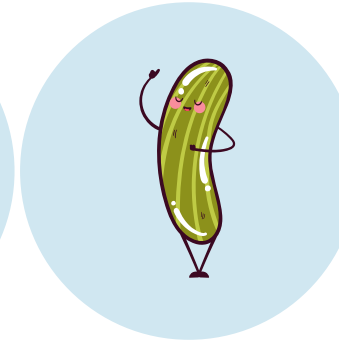
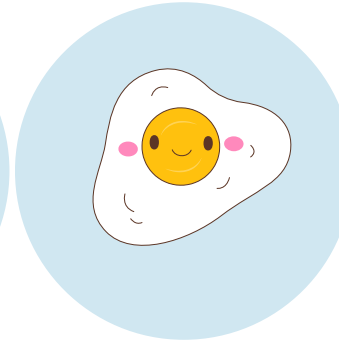
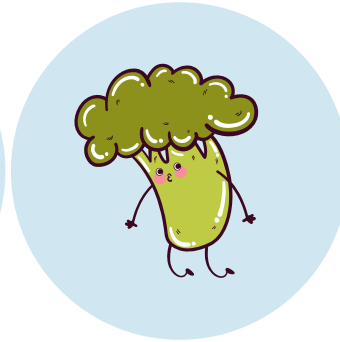
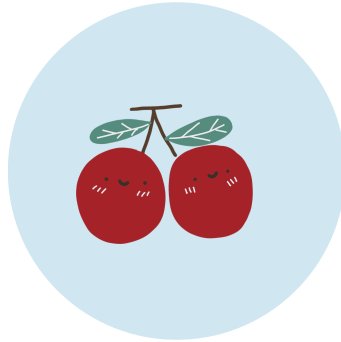
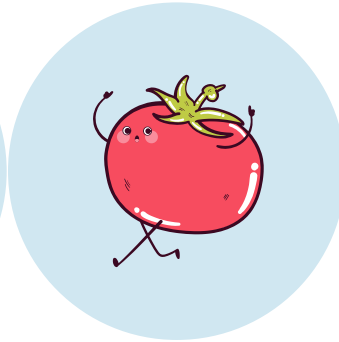
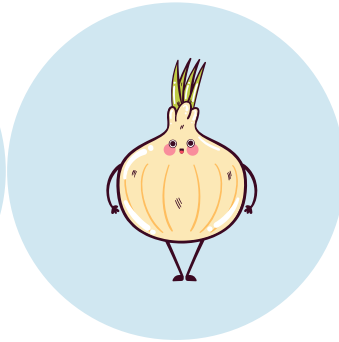
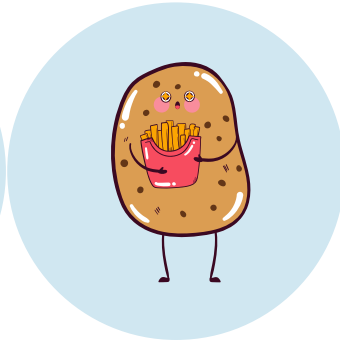
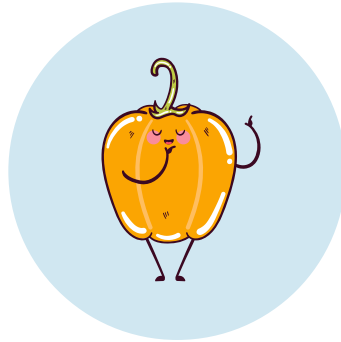
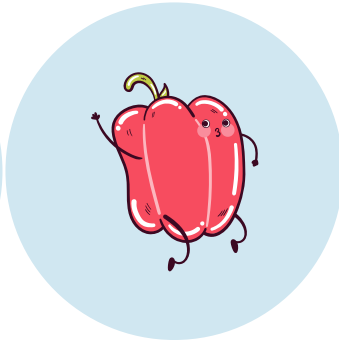
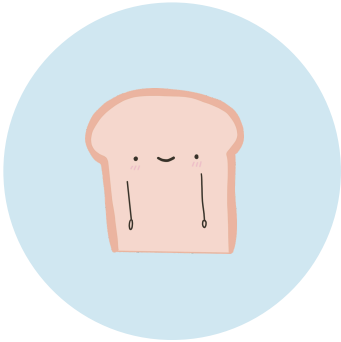
- Healthy
- Unhealthy



- Healthy
- Unhealthy

MAKING HEALTHY CHOICES

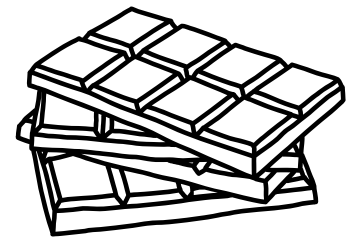
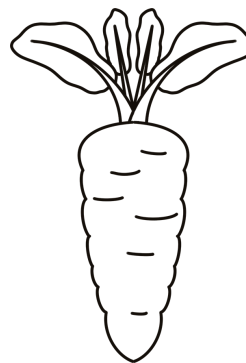
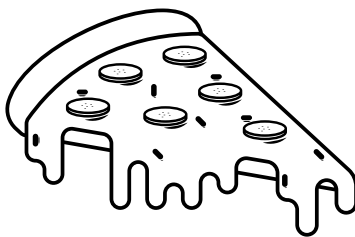
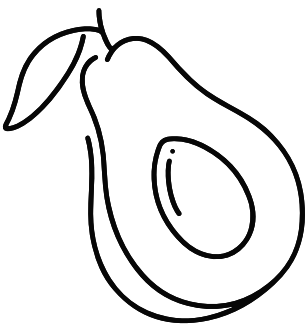
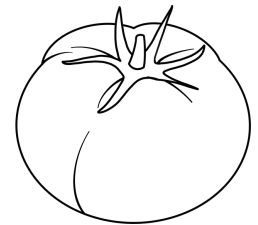
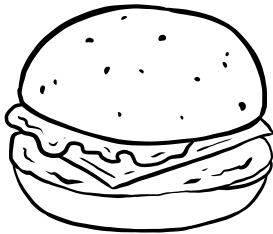
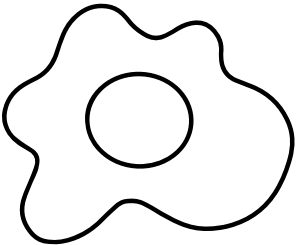
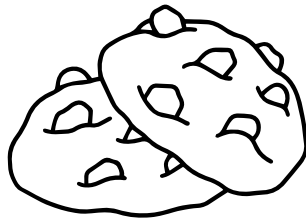
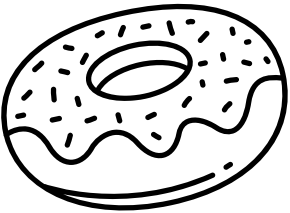
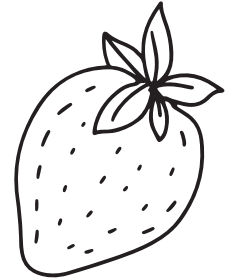
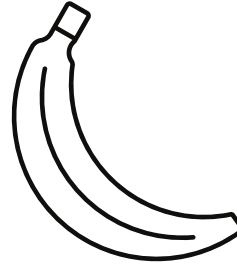
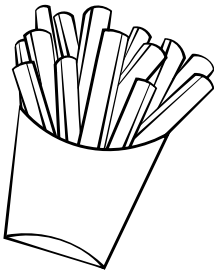
Put a tick next to the healthy food.



HEALTHY VS UNHEALTHY

Color the healthy foods with green.

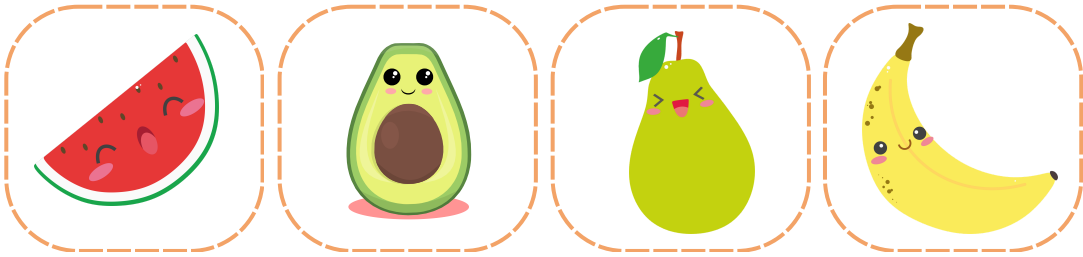
Color the unhealthy foods with red.



HEALTHY FOOD SUDOKU

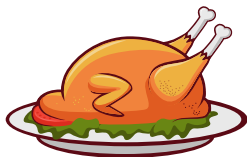
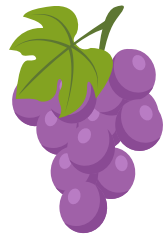
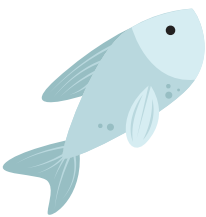
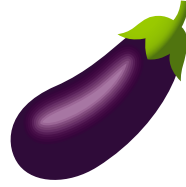
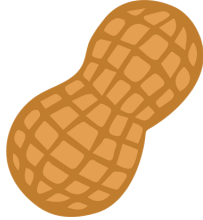
Each row across and column down needs one of each image.
There can't be more than one image in any row across or
column down.

Cut the pictures and paste them to complete Sudoku.



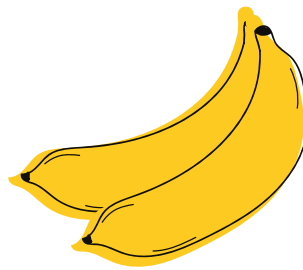
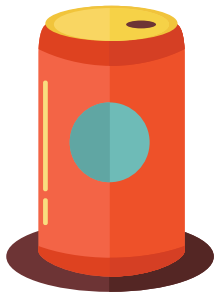
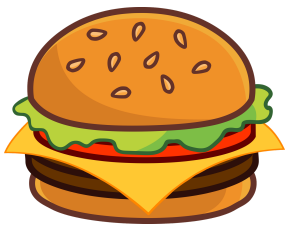
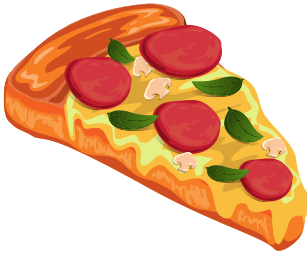
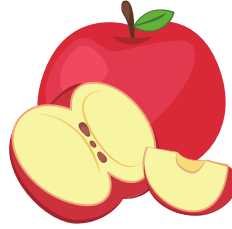
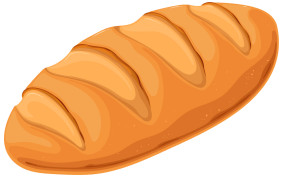
HEALTHY FOODS

Draw lines to connect all the healthy foods to the center.



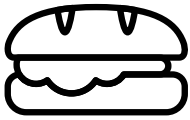
HEALTHY AND UNHEALTHY FOOD

Direction: Circle the healthy foods.

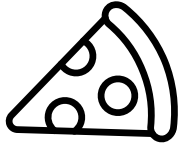


IS IT A HEALTHY SNACK?

Look at these snacks and circle the healthy snack choices.



A SANDWICH



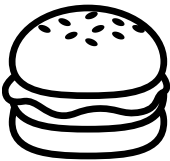
PIZZA



YOGHURT



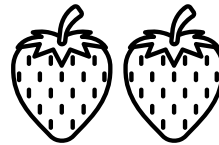
ICE CREAM



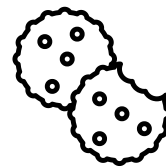
A HAMBURGER



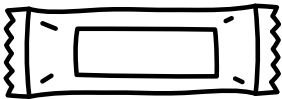
CEREALS



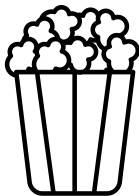
STRAWBERRIES



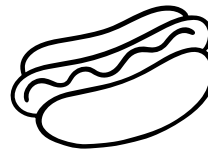
COOKIES



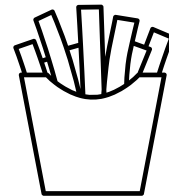
A CANDY BAR



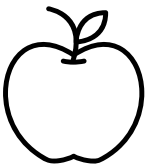
POPCORN



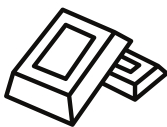
A HOT DOG



**FRENCH
FRIES**



AN APPLE

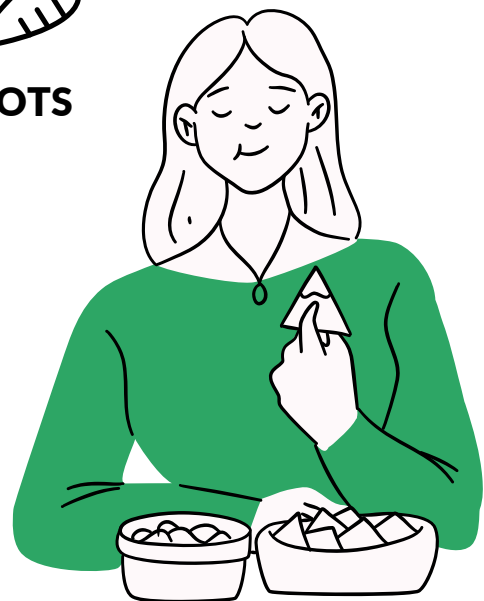


**DARK
CHOCOLATE**




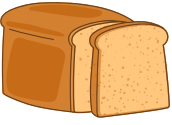
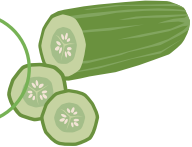



CARROTS

My favorite healthy snacks are:






FOODS




Look at the food and drink listed below. To which group does each of them belong?

<p>A </p>	<p>B </p>	<p>C </p>
<p>D </p>	<p>E </p>	<p>F </p>




Vegetable

	
	<input type="radio"/>




Fruit

	
	<input type="radio"/>

Bakery

	
	<input type="radio"/>




Meat & Fish

	
	<input type="radio"/>

Drink

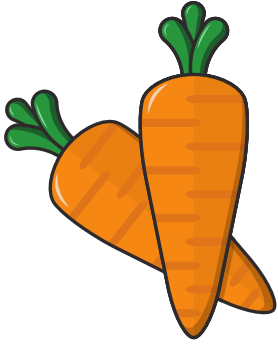
	
	<input type="radio"/>

Snack

	
	<input type="radio"/>

HEALTHY FOODS!

Trace the names of healthy foods.



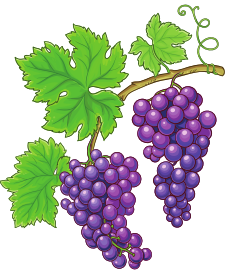
carrot



lemon



apple



grapes